



LA PÂTISSERIE

BREAKFAST

CONTINENTAL BREAKFAST

AED 95

SEASONAL CUT FRUITS
FRESHLY SQUEEZED FRUIT JUICE
FRESH BAKERY BASKET
FRENCH BUTTER, JAM & HONEY
FRENCH PRESS COFFEE, DECAFFEINATED COFFEE, TEA, HOT CHOCOLATE
CHOICE OF SOYA, LOW FAT, SKIMMED MILK AVAILABLE

AMERICAN BREAKFAST

AED 165

SEASONAL CUT FRUITS
FRESHLY SQUEEZED FRUIT JUICE
FRESH BAKERY BASKET
FRENCH BUTTER, JAM & HONEY
TWO FRESH FARM EGGS
(OMELETTE, BENEDICT, SCRAMBLED, COCOTTE, OEUFS A LA POELE)
SERVED WITH MUSHROOM AND GRILLED TOMATO
BEEF OR CHICKEN SAUSAGE,
FRENCH PRESS COFFEE, DECAFFEINATED COFFEE, TEA, HOT CHOCOLATE
CHOICE OF SOYA, LOW FAT, SKIMMED MILK AVAILABLE

ORIENTAL BREAKFAST

AED 120

CHOICE OF FRESHLY SQUEEZED JUICE
FRESHLY BAKED BAKERY BASKET OR ARABIC BREAD
MINI BAGUETTE AND TOASTS
SERVED WITH FRENCH BUTTER, JAM, HONEY,
DATES, BLACK OLIVES AND OLIVE OIL
FOUL MOUDAMAS
LABNEH, HALLOUMI CHEESE
FRENCH PRESS COFFEE, DECAFFEINATED COFFEE, TEA, HOT CHOCOLATE
CHOICE OF SOYA, LOW FAT, SKIMMED MILK AVAILABLE

(N) NUTS (V) VEGETARIAN (S) SEAFOOD

WE WILL ASSIST YOU WITH AVAILABLE NUT AND GLUTEN FREE OPTIONS. ALL PRICES ARE
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LA PÂTISSERIE

DE-LIGHT SELECTION

AED 120

(LOW FAT/CALORIE MEAL) 390 CALORIES

FRESH INGREDIENTS FOR NUTRITIONALLY BALANCED DISHES.
DEVELOPED BY SOFITEL QUIBERON THALASSO SEA & SPA, EXPERT
HOTEL IN WELLNESS AND NUTRITION LOCATED ON THE FRENCH
ATLANTIC COAST.

COFFEE, SUGAR FREE

LOW FAT PLAIN YOGHURT (100 CALORIES)

FRUIT PLATTER (120 CALORIES)

WHOLE WHEAT TOASTS (105 CALORIES)

LIGHT BUTTER (45 CALORIES)

SUGAR-FREE FRUIT JAM (20 CALORIES)

PARISIAN BREAKFAST

AED 45

CROISSANT

A TARTINE BAGUETTE WITH BUTTER OR JAM

TEA OR COFFEE

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EGG SELECTION

OMELETTE OR EGG WHITE OMELETTE

CHOICE OF INGREDIENT: TOMATO, ONION MUSHROOM, CHEESE, FRESH HERBS,
TURKEY BACON

AED 65

TWO EGGS COOKED TO YOUR LIKING

AED 45

EGGS BENEDICT

TWO POACHED EGGS, ENGLISH MUFFIN, TURKEY BACON,
HOLLANDAISE SAUCE

AED 75

SALMON EGGS BENEDICT (S)

TWO POACHED EGGS, ENGLISH MUFFIN, SMOKED SALMON AND
HOLLANDAISE SAUCE

AED 75

ALL EGGS ORDERS ARE SERVED WITH MUSHROOM, GREEN ASPARAGUS, GRILLED
TOMATO AND HASH BROWN POTATOES

SIDE DISHES

CHICKEN SAUSAGE | TURKEY SAUSAGE | TURKEY BACON |
BAKED BEANS | HASH BROWN POTATOES | SAUTEED MUSHROOMS

AED 20

SELECTION OF COLD CUTS AED 40

SELECTION OF SEASONAL CUT FRUITS AED 35

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BREAD & TOASTS

FRESHLY BAKED BAKERY BASKET

CROISSANT, CHOCOLATE CROISSANT, RAISIN DANISH

FRESH BREAD AND TOASTS

AED 40

CHOICE OF WHITE OR WHOLE WHEAT TOAST

(2 PIECES)

AED 20

YOGHURTS

YOGHURT PLAIN OR LOW FAT

WITH YOUR CHOICE OF FLAVORED JAM

(STRAWBERRY, RASPBERRY, APRICOT)

AED 30

LABAN OR LABNEH OR HALLOUMI

AED 30

CEREALS

SPECIAL K, ALL BRAN, RICE KRISPIES, CHOCO POPS, CORN FLAKES

SERVED WITH YOUR CHOICE OF MILK

(FULL CREAM, LOW FAT, SKIMMED OR SOYA)

AED 30

MUESLI

BIRCHES MUESLI, DRIED APPLES, ORGANIC OATS, SULTANA

MILK, DRY ROASTED MUESLI

AED 35

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GLUTEN FREE

GLUTEN FREE CEREAL **AED 45**

MUFFINS CRANBERRY BARBERRY SUNFLOWER **AED 45**

CARROT CAKE DAIRY FREE SLICE **AED 45**

MARBLE CAKE **AED 45**

70% DARK BELGIAN CHOCOLATE BROWNIES **AED 45**

PANCAKES, WAFFLES & CREPES

BELGIAN WAFFLES

SERVED WITH CHANTILLY CREAM & STRAWBERRY

AED 45

FRENCH CREPES

SERVED WITH NUTELLA, SELECTION OF JAM AND SUGAR

AED 45

CLASSIC FRENCH TOASTS

AED 45

SALADS

CHICKEN CAESAR SALAD (S)

CLASSIC CAESAR SALAD WITH GRILLED CHICKEN,
DRY BRESAOLA, PARMESAN CHEESE, ROMAINE LETTUCE,
GARLIC BREAD CROSTINI, CAESAR DRESSING (CONTAINS ANCHOVIES)

AED 90

TOMATO AND MOZZARELLA (V / N)

ROCKET LEAVES AND BASIL PESTO DRESSING

AED 80

QUINOA SALAD (V)

QUINOA, CARROTS, CELERY, CELERIAC, FENNEL
MARINATED LIME AND CORIANDER

AED 65

TUNA NICOISE (S)

LETTUCE SALAD, CHUNKS OF TUNA, BLACK OLIVE,
CUCUMBER, BELL PEPPER, CHERRY TOMATOES, CHIVE, RADISH,
QUAIL EGG, LEMON DRESSING

AED 90

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SANDWICHES

BRAISED BEEF SANDWICH

HOMEMADE BUN, BRAISED BEEF WITH BBQ MARINATION
SPECIAL SIGNATURE SAUCE, SALAD, TOMATO

AED 90

CLUB SANDWICH

TOASTED BREAD, CHICKEN, HARD-BOILED EGG,
MIXED CHOPPED SALAD WITH MAYONNAISE, BEEF BRESAOLA

AED 90

SKINNY NUTRI-BURGER

BURGER BUN, QUINOA PATTY WITH CHIA SEEDS,
DELIGHT DIETETIC MAYONNAISE WITH KOMBU SEAWEED AND YUZU JUICE,
TOMATO, ONION, AVOCADO WITH PUMPKIN SEEDS OIL AND SUMAC,

AED 90

CROQUE MONSIEUR

TOASTED BREAD, TURKEY HAM, MORNAY SAUCE
GRATINATED EMMENTAL CHEESE

AED 90

HONEY SMOKED SALMON BAGEL SANDWICH (S)

BAGEL, HONEY SMOKED SALMON, HONEY,
CREAM CHEESE, CUCUMBER, ONIONS, CAPERS

AED 90

"LE CHIC" BURGER

HOMEMADE BUN, AUSTRALIAN BEEF PATTY
CARAMELIZED ONION MARMALADE, TOMME DE SAVOIE CHEESE

AED 105

*ALL SANDWICHES ARE SERVED WITH FRENCH FRIES AND GREEN SALAD

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PASTA AND RICE

PENNE ARRABIATTA

PENNE, TOMATO SAUCE, CHILI PEPPER

AED 75

BEEF CHEEK TAGLIATELLE POMODORO

TAGLIATELLE, BRAISED BEEF CHEEK, TOMATO SAUCE

AED 85

LINGUINI GAMBERONI (S)

LINGUINI, ROASTED PRAWNS, SEAFOOD SAUCE, FRESH TOMATO

AED 120

SPAGHETTI CARBONARA

SPAGHETTI, CREAMY CARBONARA SAUCE, VEAL BACON

AED 75

**"GLUTEN FREE PASTA
AVAILABLE UPON REQUEST"**

PORCINI MUSHROOMS RISOTTO

RISOTTO COOKED WITH VEGETABLE STOCK AND PORCINI MUSHROOMS

SERVED WITH OLIVE OIL AND PARMESAN CHEESE

AED 95

VEGETABLE BIRYANI (V/N)

BASMATI RICE, CARROT, CAULIFLOWER, GREEN PEAS

POTATOES, CASHEW NUTS

AED 75

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MAIN

ROASTED SALMON (S)

SAUTEED BELL PEPPER, ASPARAGUS AND BEARNAISE SAUCE

AED 170

GRILLED PRAWNS (S)

STEAMED VEGETABLES, LEMON BEURRE BLANC SAUCE

AED 210

ANGUS BEEF TENDERLOIN

FRENCH FRIES OR SAUTEED VEGETABLES AND SALAD

AED 280

ARABIC MIXED GRILL

LAMB KEBAB, LAMB KOFTA, CHICKEN SHISH TAOUK

SERVED WITH ORIENTAL RICE & GARLIC SAUCE

AED 170

CHICKEN BREAST

ROASTED CHICKEN BREAST SERVED WITH BROWN CHICKEN JUS,

MASHED POTATOES

AED 140

THAI RED CHICKEN CURRY

TRADITIONALLY PREPARED THAI RED CURRY WITH CHICKEN

SERVED WITH STEAMED JASMINE RICE

AED 110

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AFTERNOON TEA

AED 199

DATE CHAMPAGNE & STRAWBERRY WITH WHIPPED CREAM

SELECTION OF TEA FLAVORED SANDWICHES

MATCHA GREEN TEA JAM, TOASTED SCONE & SMOKED SALMON

TOUAREG TEA JAM, TOMATO & MOZZARELLA

RED FRUIT TEA JELLY, FOIE GRAS & GRILLED BAGUETTE

LAPSANG SOUCHONG TEA JAM & SMOKED DUCK

SWEETS

CANNELE BORDELAIS

CHOUQUETTE PARISIENNE

LEMON MADELEINE

PECAN NUTS FINANCIER

GREEN TEA MACAROON RELIGIEUSE

MILK CHOCOLATE, PEANUTS CARAMEL

COCONUT & MANGO CAKE

RASPBERRY ÉCLAIR

PLAIN SCONES

RAISIN AND EARL GREY TEA SCONES

CHOCOLATE DROPS

CLOTTED CREAM

LEMON CURD

BLUEBERRY VIOLET JAM

**AFTERNOON TEA IS INCLUSIVE OF
SELECTION OF TEA AND COFFEE**

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COFFEE SELECTION

FRENCH PRESS

ARABICA COFFEE BEANS SERVED IN A PRESS

ESPRESSO

ESPRESSO, RICH AND INTENSE

AMERICANO

ESPRESSO ENLARGED WITH HOT WATER

CAPPUCCINO

ESPRESSO TOPPED WITH STEAMED AND FROTHED MILK

ESPRESSO MACCHIATO

ESPRESSO TOPPED WITH MILK FROTH

TURKISH COFFEE

UNFILTERED COFFEE MADE FROM FINE GROUND BEANS

CAFÉ LATTE

ESPRESSO LAYERED BETWEEN HOT MILK AND FROTH

AED 27

ADD AN EXTRA SHOT ESPRESSO - AED 5

ADD AN EXTRA SHOT OF FLAVORS - AED 5

(CHOICE OF CARAMEL, VANILLA, HAZELNUT)

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FRESHLY SQUEEZED FRUIT JUICE

ORANGE | LEMON WITH MINT | PINEAPPLE

DETOX OF THE DAY

ANTI-AGING JUICE OF THE DAY

ENERGIZING JUICE OF THE DAY

AED 26

MINERAL WATER STILL

EVIAN

SMALL AED 25 | LARGE AED 30

MINERAL WATER SPARKLING

BADOIT

SMALL AED 25 | LARGE AED 30

SODA

PEPSI, DIET PEPSI, SEVEN UP, DIET SEVEN UP, MIRINDA

GINGER ALE, CLUB SODA

AED 20

ENERGY DRINK

EFFECT

AED 30

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MILKSHAKES

AED 35

MANGO GRANOLA

MANGO JUICE, GRANOLA, YOGHURT, MILK, SUGAR SYRUP

HONEY-OAT'S SHAKE

FRESH MILK, HONEY, OATS BANANA, BLUEBERRIES,
VANILLA SUGAR

MOCKTAIL SELECTION

AED 35

VIRGIN COLADA

PINEAPPLE JUICE, COCONUT CREAM, CRUSHED ICE

VIRGIN MOJITO

FRESH MINT LEAVES, LIME WEDGES, BROWN SUGAR, SODA WATER

BERRY JULEP

BLACKBERRIES, RASPBERRIES, SUGAR SYRUP, LEMON JUICE,
MINT LEAVES, CRANBERRY JUICE, CRUSHED ICE

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OUR FINEST TEA SELECTION FROM RONNEFELDT

AED 35

RONNEFELDT WAS FOUNDED IN 1823 BY JOHANN TOBIAS RONNEFELDT IN FRANKFURT, GERMANY. THEREFORE IS ONE OF THE OLDEST TEA COMPANIES IN THE WORLD. RONNEFELDT TEA LEAVES ARE HAND PICKED AND PREPARED EXCLUSIVELY ACCORDING TO ORTHODOX PRODUCTION METHOD.

DARJEELING

THIS OUTSTANDING SUMMER PLUCKING HAS A FLOWERY ELEGANCE AND A DELICIOUSLY WELL BALANCED AROMA

BREWING TIME: 3 TO 4 MINUTES

ENGLISH BREAKFAST

A GENTLE CEYLON TEA WITH THE UNMISTAKEABLE SPARKLING AND FLAVOUR OF THE ISLAND

BREWING TIME: 3 TO 4 MINUTES

MASALA CHAI

A STRONG BLEND FROM ASSAM WITH ITS FAMOUSLY EXOTIC AND POWERFUL SPICES OF GINGER, ANISE, BLACK PEPPERCORNS, CLOVES CINNAMON AND FENNEL

BREWING TIME: 3 TO 4 MINUTES

EARL GREY

A RICHLY AROMATIC AUTUMN DARJEELING BLENDED WITH THE REFRESHING CITRUS AROMA OF BERGAMOT

BREWING TIME: 3 TO 4 MINUTES.

FANCY SENCHA ORGANIC

A PREMIUM LARGE-LEAFED SENCHA-REFINED TARTNESS WITH A BREATH OF SWEETNESS

BREWING TIME: 2 TO 3 MINUTES

MOROCCAN STYLE

THE RENOWNED GUNPOWDER PELLETS MELDED WITH THE FRESH NANA MINT-A MOROCCAN SPECIALTY

BREWING TIME: 2 TO 3 MINUTES

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JASMINE GOLD

DELICATE JASMINE BLOSSOMS DIFFUSE THEIR GENTLE FRAGRANCE OVER A
SUMMER CHINA GREEN TEA

BREWING TIME: 2 TO 3 MINUTES

WHITE YUNNAN SILVER TIPS

WITHERED IN THE SUN, THIS HANDCRAFTED, WHITE-LEAFED TEA HAS
DELICATELY FLOWERY, SWEET AROMA

BREWING TIME: 2 TO 3 MINUTES

FRUITY CAMOMILE

A DELICIOUSLY WHOLESOME INFUSION WITH THE GENTLE SWEETNESS OF
ORANGE PETALS

BREWING TIME: 5 TO 8 MINUTES

REFRESHING MINT

THE TYPICAL, RELAXING FLAVOUR OF MINT WITH A NEW DIMENSION IN
FRESHNESS WITH LEMON GRASS

BREWING TIME: 5 TO 8 MINUTES

RED FRUIT

FRUITLY TANGY RED BERRIES AND CURRANTS- AN INFUSION JUST LIKE A
HOMEMADE RED FRUIT JELLY

BREWING TIME: 8 TO 10 MINUTES

KARAK CHAI

A STRONG AND DARK TEA THAT IS MELLOWED WITH FULL-CREAM MILK AND
WARM SPICES

BREWING TIME: 5 TO 8 MINUTES

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